

WAFFLE, MAPLE WHOLE GRAIN BAKED FROZEN POUCH MINI

Brand Name: PILLSBURY

Manufacturer Name: GENERAL MILLS INC (546)

Nutritional Facts

Serving Size: 64 gr (64gr)

Servings Per Container 72

Amount per Serving

Calories: 190

**Calories from
Fat:** 50

% Daily Value *

Total Fat: 5g 8%

Saturated Fat: 1g 5%

Trans Fat: 0g

Cholesterol: 10mg 4%

Sodium: 200mg 8%

Total Carbohydrate: 33g 11%

Dietary Fiber: 2g 9%

Sugars: 14g

Protein 3g

Vitamin A: 0%

Vitamin C: 0%

Calcium: 2%

Iron: 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Additional Description:

FROZEN MINI WAFFLES IN AN OVENABLE POUCH. MAPLE MADNESS FLAVOR. WHOLE GRAIN.

Ingredients:

WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, MALTODEXTRIN, BROWN SUGAR, EGGS, NONFAT MILK, CORN SYRUP, GROUND WHOLE GRAIN CORN, SOY LECITHIN, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, CORN STARCH, CALCIUM ACID PYROPHOSPHATE, PALM OIL, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM BICARBONATE, TRICALCIUM PHOSPHATE. CONTAINS WHEAT, EGG, MILK AND SOY INGREDIENTS.

Preparations and Cooking Instructions:

There are no Preparations and Cooking Instructions available at this time.

Serving Suggestions:

There are no Serving Suggestions available at this time.

Allergens

Allergen	Does Not Contain	Contains	May Contain	No Data
Celery		✓		
Crustacean	✓			
Eggs		✓		
Fish	✓			
Lupin				✓
Milk		✓		
Mollusks				✓
Mustard				✓
Peanuts	✓			
Sesame	✓			
Soy				✓
Sulphur Dioxide				✓
Tree Nuts				✓
Wheat				✓

Marketing Claims

Kosher Indicator	Trans Fat Free
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Handling Instructions:

There are no handling instructions available at this time.